

2007 UCC/Sun Coast Velo Borrego Training Weekend



Mark your calendars and get ready to climb!

Days tuning your inner mountain goat. Evenings soaking in the hot tub and swapping racing lies. Don't miss this three-day weekend of hard riding and glorious fun with Team UCC/Sun Coast Velo riders and family in the Anza-Borrego desert!

Martin Luther King Jr. Weekend
January 13, 14 and 15, 2007

JANUARY 2007						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

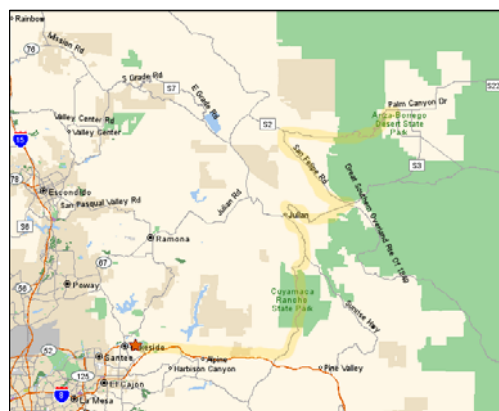
Ride schedule

Saturday, day 1, 90+ hilly miles

Route: Lake Jennings Park-and-Ride (Lakeside) to Borrego Springs via dusty five-mile Viejas Grade, Descanso Junction, Julian, Banner Grade, San Felipe Rd, Ranchita, Montezuma Grade, Borrego Springs

Start time: 8:30 AM

Start location: Lakeside; Park-and-Ride parking lot at I-8 and Lake Jennings Park Road



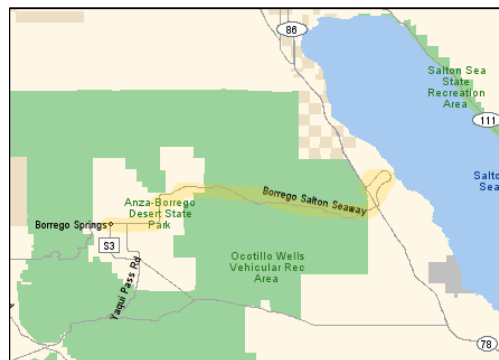
Saturday route

Sunday, day 2, 60+ miles.

Route: Recover from Saturday's climbing-fest with an out and back cruise from Borrego Springs to Salton Sea along the rolling S22. The last five miles is a race. Prizes to the winner of each age group!

Start time: 8:30 AM

Start location: Christmas Circle in Borrego Springs



Sunday route

Monday, day 3, 90+ miles (110 miles to the coast)

Route: Return to Lake Jennings Park-and-Ride via Saturday's route in reverse. (Except for Viejas Grade, which we'll circumnavigate by following I-8). Those who want to ride from the desert to the coast will turn north (right) on 76 at Lake Henshaw and head to Solana Beach via Rincon, Lake Wohlford, and Escondido.

Start time: 8:30 AM

Start location: Palm Canyon Resort Hotel (221 Palm Canyon Drive, at the base of the Montezuma grade)

Lodging

Borrego Springs' Palm Canyon Resort under New Management!

New management confirmed we could not block off any rooms at a discount rate because their rates are already so low!

- Call 1-800-242-0044 to make a reservation
- At 221 Palm Canyon Drive, the Palm Canyon Resort is spectacularly located at the foot of Montezuma Grade and near the entrance to Anza-Borrego State Park
- Big rooms, restaurant, bar, swimming pools, Jacuzzis, and weight room
- For directions and more information, go to <http://www.palmcanyonresort.com>
- Want to stay in your RV? The Palm Canyon Resort also has an RV park
- The hotel sold out last year--make your reservation pronto!

Other lodging options

- www.borregospringsresort.com
- For a list of other hotels in Borrego, check out www.borregosprings.org/accommodations.html
- Camping at Anza-Borrego Desert State Park is another option. Reserve a site online at www.reserveamerica.com

Logistics

Transportation:

- Riders should make arrangements with family/friends or amongst their respective age group squads (Women, 35-44, 45-54, 55+) for transportation to and from the Lake Jennings Park-and-Ride. Riders should also arrange for someone to take their bags to Borrego Springs on Saturday
- Sag stops: On Saturday and Monday, the ride regroups in four locations: Descanso Junction, Julian, just north of the intersection of S2 and 78 at Scissors Crossing, and Ranchita. These are good locations for support drivers to hand out food, water, and ibuprofen, or pick up those who don't want to ride the full distance.

Food and drink

- Recovery and coulda-woulda-shoulda race lie-telling hour: Sunday afternoon at 3:00 PM meet at the Palm Canyon Resort swimming pool to talk story with your UCC/Sun Coast Velo Teamates and families. We'll present awards to the morning's Salton Sea race winners. Bring snacks and drinks in non-glass containers. Those who are interested can then head to the Palm Canyon Resort restaurant for dinner
- On Saturday, check out any of the surprising number of restaurants in Borrego Springs, from solid Mexican take out at Jilbertos to coat-required fine dining at Casa del Zorro Resort

Questions? Contact Mario Medina, Mario.medina@crbusa.com